

# Family Activity Worksheet

House on the Rock Family Ministries

August 1, 2009

## Building a Spiritual Union ...

Task 6 of the first season "Young Love"

Listen to the radio spot again together ...

Ask yourselves these questions:

- How are we doing in the area of spiritual intimacy?
- Do each of us feel this way?
- How could we improve and deepen this area of our marriage?

If you're not where you want to be ask these questions:

- What is keeping us from connecting spiritually?
- What do we need to do to remedy that?
- When and where could we meet as a couple for a time of devotions together?
- What's our plan?

### Suggested plan for getting started:

1. Chose a time and place for you to connect ... without interruption.
2. Select a devotional book with dated entries. This keeps it easy to know what to read on any given day.
3. One of you read the Bible passage ... the other the devotional thought
4. Each of you share at least one spiritual lesson, thought, or challenge you got out of the readings ...
5. Share some personal requests you have with each other ... and what you want the Lord to do in your lives as a result of this time.
6. Holds hands and pray together ... keep them short to start ... a one or two minute prayer ... focused specifically on what you have learned as a couple ... and any personal family needs.

### Recommended Resource:

- [Moments With You](#) – Dennis & Barbara Rainey

Pebbles of Truth is a ministry of House on the Rock Family Ministries ([www.hotrfm.org](http://www.hotrfm.org)).

This worksheet is designed to complement the Pebbles of Truth radio feature heard on WJTL Saturday, August 1, 2009. If you missed the spot, or want to hear it again, you can listen to it on our website

<http://www.pebblesoftruth.com>.