

Family Activity Worksheet

House on the Rock Family Ministries
April 3, 2010

History of the Easter Egg:

To keep a Christian perspective of Easter in your home, please note the following research that can help you explain the history of the Easter egg to your children. The earliest Christian history of the Easter egg tradition is found approximately 50 years after Jesus' resurrection. Bright red-colored eggs were simply exchanged as gifts as a symbol of continuing life and Christ's resurrection. The red color was an intentional Christian tradition commemorating the blood of Christ. The red Easter eggs in Christian history were originally used when two friends met on Easter day. They two friends would know to tap their eggs together and one would greet the other with the words, "Christ is Risen!" and the other would respond, "Christ is Risen Indeed!" Then the eggs were eaten in fellowship. During the Reformation, the church instituted the custom of breaking the Lenten fast with hard-boiled eggs. The eggs were brought to the Easter morning service, and the priest blessed them saying, "Lord, bless these eggs as a wholesome substance, eaten in thankfulness on account of the resurrection of our Lord."

Our main focus must always be that our children meet Jesus in a personal way. If an Easter egg will bring Jesus alive to a child as a symbolic illustration, we should rejoice in the revelation of Jesus and his Resurrection to our children!

Pebbles of Truth is a ministry of House on the Rock Family Ministries (www.hotrfm.org).

This worksheet is designed to complement the Pebbles of Truth radio feature heard on WJTL Saturday, April 3, 2010. If you missed the spot, or want to hear it again, you can listen to it on our website <http://www.pebblesoftruth.com>.